Mini-Medical School



Acute Gastroenteritis急性腸胃炎(英文)

Dear Family

The most evident symptoms of acute gastroenteritis are vomiting and diarrhea. It may happen to children of any age. There are side effects if infants and children have the disorder; admit your baby or child to the hospital immediately for treatment in order to keep the condition under control.

Cause

- 1. Virus related, especially enterovirus in summer and rotavirus in winter.
- 2. Salmonella, Escherichia coli, Shigella dysenteriae and parasite infection.
- 3. Others : allergy to foods, GI tract anatomy anomaly, or endocrine dysfunction and imbalance.

Symptoms

If your child suffers from apparent symptoms like vomiting, diarrhea, abdominal pain, and abdominal fullness and fever, or with combination of any of the following symptoms, take him or her to the hospital immediately.

- Abdominal fullness or severe abdominal pain.
- Explosive defecation, or stool with blood and mucus.
- Fever, especially high fever.
- Dry lips, poor appetite, lethargy, irritable, decreased urine output and general fatigue (all indicating your child is under dehydration condition).

The treatment in hospital

• Maintain stable vital signs

- Supply water and electrolyte solution, rectify imbalance water and electrolyte, give adequate medication treatment
- Diagnosis
- Take on isolation or quarantine if necessary

Care you should be aware of after admitting your child to the hospital

- Wash your hands frequently
- Properly take care of patient' s fecal matter.

Homecare after discharged from the hospital

- Wash your hands thoroughly before food intake, after toilet, and changing diaper
- Choose adequate milk formula or food with doctor's order

Return to the hospital timely for follow-up checks.

若有任何疑問,請不吝與我們聯絡

電話: (04) 22052121 分機 2128, 2132

中國醫藥大學兒童醫院